




LEVEL UP SHABBAT

STARTS SATURDAY, OCTOBER 17, 2026
11 AM - 12 PM

1ST & 3RD SATURDAYS EACH MONTH

Beth Shalom's Junior Congregation Plus
led by Hazzan Barbara Barnett

Have fun and be part of a community of your friends while learning, improving and mastering synagogue prayers together.

SECURITY REMINDER

The safety of all our members, staff, and guests is an ongoing priority. If you see something that does not look right, please report it to a staff or Board member.

Weekly Service Times*

Morning Services

Mondays – Fridays at 7:30 a.m.
Sundays at 8:00 a.m.

Evening Services

Sundays – Thursdays at 7:00 p.m.
Fridays at 6:00 p.m.

**Note: Times are subject to change for holidays and special services.*

Congregation Beth Shalom Auxiliary Presidents

Judy Kobell & Sabina Robinson, Sisterhood
Ira Frank, Men's Club



Are you or a loved one experiencing illness, grief, loss, mental health struggles like loneliness, anger or sadness?



Is someone you care about in hospital or sick at home?



Do you wish Beth Shalom would check in on you or someone you love more often?



I'm here for *you.*

Call Rabbi Kara for one-on-one counseling, spiritual guidance, a phone call or a visit. She's here!

office: 412-421-2288 x317
cell: 412-651-8726
email: rabbikara@bethshalompg.org

Interested in a Congregational trip to Israel?

Beth Shalom is considering an adult congregation trip to Israel in Fall 2027 or Winter 2028. There are no particulars at this point, we are merely trying to find out who might like to join in this endeavor. We would need a minimum of 20 participants to make the trip feasible. If interested, please email Linda Newman, newmanl201@gmail.com.



Next Shabbat Service Times

Friday, October 23, 2026

Light candles at 6:09 p.m.
Instrumental *Kabbalat Shabbat* at 6:00 p.m.

Saturday, October 24, 2026

Early Morning Shabbat Service at 6:30 a.m.
Shabbat Morning Service at **9:15 a.m.**
Minhah/Se'udah Shelishit/Ma'ariv at 5:40 p.m.
Havdalah at 7:09 p.m.



ENRICHING LIVES THROUGH COMMUNITY, LIFELONG JEWISH LEARNING, AND SPIRITUAL GROWTH

SHABBAT SHALOM

6 HESHVAN 5787
THIS WEEK'S PARASHAH IS NOAH.

Aviva Graver becomes a bat mitzvah.



Shabbat - Friday, October 16, 2026

Candle lighting at 6:20 p.m.

Kabbalat Shabbat

6:00 p.m.
In person & Zoom from the Helfant Chapel

Shabbat - Sat., October 17, 2026

Havdalah at 7:19p.m.

Early Morning Shabbat Service

6:30 a.m.
In person & Zoom from the Homestead Hebrew Chapel

Shabbat Morning Service

9:15 a.m.
In person & Zoom from the Faye Rubenstein Weiss Sanctuary

Congregational Kiddush

12:15 p.m.
Samuel & Minnie Hyman Ballroom

Minhah/Se'udah Shelishit/Ma'ariv

5:50 p.m.
In person & Zoom from the Homestead Hebrew Chapel

Shabbat Youth Services

Saturday, Oct. 17, 2026

Junior Congregation	Level Up Shabbat
10:00 a.m. - Chill	11:00 a.m.
11:00 a.m. - Dvash	Manny's Service
11:15 a.m. - Service	11:15 a.m.

Torah Readings		
Saturday, Oct. 17, 2026		
Aliyah	Verses	Etz Hayim
1.	Genesis 8:15-22	48
2.	9:1-7	50
3.	9:8-17	51
4.	9:18-29	52
5.	10:1-14	54
6.	10:15-20	56
7.	10:21-32	57
Maftir	10:26-32	57
Haftarah	Isaiah 54:1-55:5	65

Rabbi Seth Adelson Senior Rabbi	Paul Teplitz President	Robert Gleiberman Executive Director
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SHABBAT SHALOM

Rabbi Adelson joins the Officers & Trustees in welcoming all members and guests to our services. We look forward to seeing you again soon.

CONGREGATIONAL FAMILY

Thank You to:

Deborah & Matthew Graver for sponsoring this week's kiddush in honor of Aviva's bat mitzvah.

The participants in the Shabbat services on Saturday, October 17, 2026:

Service Leaders: Rabbi Adelson, Jonathan Weinkle, Aviva Graver

Torah Readers (morning & afternoon) & Haftarah: Greg Goldfeder, Ian Goldfeder, Ryan Goldfeder, Allison Proper, Debbie Graver, Randi Weiss, Lori Kline, Aviva Graver, Sara Chandler, Caedyn Krahling
Gabbaim: Ira Frank, Paul Teplitz

Mazel Tov to:

Lorraine & Aaron Mackler on the birth of a granddaughter, daughter of Hannah Mackler & Mike Feurstein.

YAHREZITS

FOR THE WEEKS OF OCT. 17 - 30, 2026 6 - 19 HESHVAN, 5787

This list comprises those dear departed for whom there are memorial plaques, and for those who sent us their yahrzeit commemoration form.

Rose Abramson	Allen Garfinkel	Max Keiser	Lotte Erika Maas Newman	Sarah R. Schugar
Richard Adelson	Norman Garvin	Louis Kleber	Walter Newman	Bernath D. Schwartz
Arnold Altshuler	Minnie Glass	Donald A. Klein	Simon Pascal	Louis Segal
Leah Aronson	William Glasser	Evelyn P. Klemp	Morris A. Paul	Helen R. Seivavitch
Isadore J. Averbach	Ida S. Glassner	Minnie S. Krakoff	Morris A. Pearlstein	Lena Seivavitch
Rachel Averbach	Kathryn Glazer	Joseph Z. Kreger	Hannah Perlow	Ruth Selkowitz
Louis Azen	Henry Glick	Regina Labowitz	Abraham Pittler	Israel Shapera
Alan Beckerman	Sadie Goldberg	Stanley Leibowitz	Isadore Pober	Morris Silver
William Berkman	Max Goldman	Celie Leitner	Nathan Praszquier	Sarah Silverman
Irwin Berliner	Israel Goldstein	Robert Lerman	Jennie Prince	Ben Simon
Moses Berman	Sylvia Goodman	Sarah M. Levin	Prime Min Yitzhak Rabin	Rose Sindler
S. Steven Block	Morris Green	Anna Roth Levitan	Frume Raffel	Esther F. Small
Betty Beryl Bogarad	Goldie Colker Gross	Louis Levy	Zell Charles Reicher	Mary Smalley
Sylvia Braun	Elizabeth Gusky	Sadie Lewis	Rabbi Paul Stephen Reis	Benjamin Smolar
Benjamin Breckstein	Morris O. Guttman	Stanley Liepack	Selma J. Reiss	Sarah R. Solow
Florence Brown	Katie M. Haitler	Ida Likvornik	Aron Reznick	Fanny Spokane
Dorothy Buchman	Morris Hecht	Maurice Lyttle	Nathan Rice	Max Star
Samuel Chaban	Robert Hecht	Joseph Mandell	Sidney Roberts	Brina L. Steinberg
Joe Cherkos	Sam L. Herer	Jacob Mankin	Samuel Rosecrans	Ida Stewart
Sam J. Cohen	Rose Hoffman	Bashie Maretsky	Sidney Rosen	Seymour Subar
Samuel H. Cooperman	Joseph Hornstein	Anne Marmins	Charles C. Rosenberg	Phillip Teplitz
Bernard Davidson	Nellie Jacobson	George Marvit	Shlome Rosenfeld	Benjamin Trust
Charles Davis	Arthur C. Jacobs	Alice K. Matz	Chaya S. Rosenstein	Edith Trust
Ethel Dubin	Minerva Jacobsohn	Samuel Mellinger	Yoel Rosenstein	Joseph Weinstein
Barbara Feinberg	Benjamin Jaffee	Ben Mermelstein	Libby Rosenthal	Henry Weiss
Joseph A. Feldman	Rebecca W. Jubelirer	Grace Miller	Meyer Rosenthal	Max Williams
Yehudi Fichman	Abraham Kahn	Israel Miller	Gabriel Rubin	Mania Zaludkowski
Ida Fierman	Beckie Kamerman	Abraham Millstone	Libbie Rubinoff	Leon Simon Zionts
Sarah Finn	Aaron Kaplan	Harriet Minkin	Arnold Ryave	Shlome A. Zolnierski
Sylvia Fisher	Pearl Kardon	Evsey Mnuskin	Rose R. Saltzburg	Ida Zukerman
Minnie Foreman	Sophia Karwan	Rose H. Morris	Harry H. Samuels	
Milton R. Friedman	Katie Katz	Samuel Nathenson	Norman Samuels	
Ralph Ganz	Sara Kaufman	Frances G. Neuman	Shirley Lee Schandler	

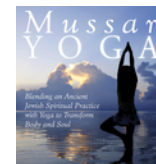
Please refrain from using personal electronic devices at and in the synagogue during Shabbat and holidays. Thank you.

THIS WEEKEND'S & UPCOMING EVENTS/PROGRAMS

For a complete list of upcoming events and programs, check out our website: BethShalomPgh.org

Mussar Yoga

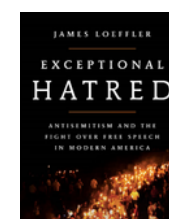
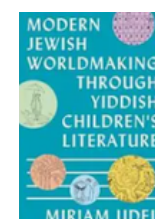
Sundays at 10:00 a.m. | Next class is October 18, 2026 | Zweig Library



Mussar Yoga, bringing cultivation of soul traits like compassion, loving kindness, patience to our embodied practice on the mat — we will be using movement towards building a balanced life. Join Cantor Julie Newman and Edie Raphael from Tiferet project as they led 7-week yoga class. \$18 per class or a discounted 7-class pass for \$108. Bring your own mat. All levels welcome. To register, visit: BethShalomPgh.org/2026-Mussar-Yoga

2026 Pittsburgh Jewish Book Festival

October 18 - 25, 2026



www.bethshalompgh.org



Pittsburgh Jewish Chronicle
Connecting Jewish Pittsburgh

Hod veHadar Instrumental Kabbalat Shabbat followed by a Congregational Dinner

Friday, October 23, 2026 at 6:00 p.m. | Samuel & Minnie Hyman Ballroom

Join us for an Instrumental Kabbalat Shabbat followed by a Congregational dinner sponsored by Beth Shalom's Men's Club and Sisterhood. The cost is \$25 per adult, \$12.50 per child, and children under 3 are Free. **Deadline to register is Monday, October 19 at 5pm.** To register, visit: BethShalomPgh.org/Oct2026-Instrumental-Shabbat



Lunch and Learn with Rabbi Adelson

First Tuesday each month starting November 3, 2026 at 12:00 p.m.

Lehman Conference Center and Zoom

Join Rabbi Adelson as he leads this year's Lunch and Learn. This year's topic is Thoughts from the Jewish Bookshelf on Challenging Issues. Abortion, interfaith marriage, LGBTQ issues, lab-grown meat, and many other hot topics have been addressed by the Conservative movement's Committee on Jewish Law and Standards. Come and learn! Bring your own lunch. To join via zoom, visit: BethShalomPgh.org/Lunch-and-Learn-5787



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One at a Time - Same Time - Different Times

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